

### Our Father...

We break this bread, ... to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

**O Lamb of God, who takest away the sin of the world: Have mercy upon us (repeat).**

**O Lamb of God, who takest away the sin of the world: Grant us thy peace.**

### Holy Communion

*All people are most welcome to come forward to receive God's Blessing. Those baptized in the name of the Father, the Son and the Holy Spirit are invited to receive His gift to His people: Holy Communion. Those who are not baptized are invited to cross their arms over their chests and be reminded of our Lord's unaccountable love for all people, regardless of their situation.*

*Do know how welcome you are to join us.*

### Music during Holy Communion

**#84 Lord, Enthroned in Heavenly Splendour #85 Shepherd of Souls, Refresh and Bless**

**The Youth Group shares with us their work with Ithmus Food Ministry in North End Kingston and their plans for a Spaghetti Supper to support that ministry**

Let us pray; Let us say thank you:

**Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.**

### The Final Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and glory of God; and the blessing of God Almighty, † the Father, the Son and the Holy Spirit, be upon you and remain with you and all those for whom you have prayed, this day and always. Amen.

### LOOKING AHEAD- TO CHRISTMAS!

**THE RECESSIONAL HYMN #460 LORD, THE LIGHT OF YOUR LOVE IS SHINING**

### The Dismissal

Go in peace to love and serve the Lord. **All Thanks be to God!**

*You are very welcome here!*

*We would love you to grow with us as we explore what it means to become followers of Jesus Christ - and as we learn to really live in this world! If there is anything we can offer or do for you, please do speak to one of us. If you have a favourite hymn, or praise song - do tell us!*

Thank you to Anne and Bill Patterson for the refreshments today

**Sunday Evening Supper and Study. 21 October.** Four more weeks.

'The Mystery of Everything', a study based on **Stephen Hawking's** life as portrayed in the film 'The Theory of Everything'. How can the mysteries of the universe and everyday life reinvigorate our faith and spiritual lives?

Begins 6 pm for supper.

Please let Fr. Haynes know if you are attending.

Cantabile Choirs, directed by Mark Sirett, accompanied by Michael Capon, will sing a service of **Choral Evensong - Sunday, October 21 at 4 pm.**

The choir will sing music by T.T. Noble, William Smith, Charles Stanford, and the anthem 'Hail Gladdening Light' by Charles Wood. Join us for an evening of spiritual refreshment.

**BIOLOGY AND THE BIBLE – Richard Fangrad, CMI-Canada - Friday, October 26, 2018 – 7:00 pm** – First Baptist Church (110 Sydenham Street) (Followed by Q&A Forum) Presented by *Creation Ministries International (creation.com) (613-548-7116)*

**Sunday, October 28<sup>th</sup>** – Please join us for parish **Chili Lunch** after 10 am Service, all are invited and if possible, please bring a salad, bread, fruit or dessert to add to the table, it would be greatly appreciated.



**AFTER LUNCH: 5<sup>th</sup> Annual Car Rally at 12:30 pm**

To **Register** Your Car and Number of Occupants:

Call Ann or Paul at 613-548-4282

OR email Julia @ [juliadennis@sympatico.ca](mailto:juliadennis@sympatico.ca)

**ONLY \$5.00 EACH (CHILDREN UNDER 12 FREE) Prizes awarded!**

**BRING ALL YOUR FRIENDS & FAMILY! ALL AGES WELCOME**



### The 5<sup>th</sup> Annual St. Mark's Appreciation Dinner

Just two more weeks until our annual Appreciation Dinner! Have you got your tickets yet??? Monday, 29<sup>th</sup> of October is the deadline for ticket purchases...

**Sunday, November 4<sup>th</sup>** at the **Renaissance Event Venue**, 285 Queen Street,

Kingston. It will be a 3 Course Dinner [\$35.00/person] at 5:30 pm

[reception & cash bar] followed by dinner at 6 pm.

**Tickets** are available from Anne Patterson 613-546-4421 or [apatterson0808@gmail.com](mailto:apatterson0808@gmail.com)



St. Mark's ACW are making plans for the Christmas bazaar which will be held on **November 24<sup>th</sup>**. Any donations of the following items would be greatly appreciated – knitted items, sewing, Christmas crafts or seasonal decorations, preserves, jewelry, nearly new gift type items, and gift baskets. The ACW would appreciate any contributions.

**NORTH STAR - Saturday November 3, 7:30 PM**, The Spire, 82 Sydenham St - **Words, Stories, Truth**, a three-movement work by with words by award-winning *Anishnaabe* (Odawa & Ojibwe) poet, **Vera Wabegijig** and music by Cantabile's founding Artistic Director **Mark Sirett**. The Trilogy, which was commissioned by Canada 150 for the choirs of the Western University, was recently awarded "Outstanding Composition 2018" by Choral Canada.

**St. Mark's Coffee House – Saturday, November 10 – 7 to 9 pm**, at **St. Mark's Church Hall** with live music presented by Dan Kasaboski and The Barry Yuen Trio

(Light refreshments will be available) – Free-will donations will be gratefully accepted to support St. Mark's Church maintenance fund.

### MEN OF ST. MARK'S

A proposal has been suggested for a men's group to meet regularly to discuss issues of relevance in our day-to-day secular and spiritual lives? Can we help each other out? **Subjects such as: End of life matters: legal, spiritual, and/or medical in nature.....even anecdotal or current close to home topics..... we could discuss, review, learn, and generally open up to others in a safe, confidential, discussion environment; in which we would, as time went on, feel comfortable in laying open our concerns, dreams, and worries for others to comment upon, and to offer different helpful perspectives .** **Subjects for discussion would be those requested by the group, and consensus-driven. A practical, helpful study group dedicated to helping us live happier, fuller, more helpful and better prepared, "readier" lives. Please contact the office, leave your name/contact info, and I will get back to you. Fred Siemonsen**

### Friday Mornings –

Morning Prayer is said in the church at 9:30 am. All are welcome

**'Please take your pew sheet home with you – for prayers, reminders... to share with others...**

**And don't forget to check the church website <http://stmarksbarriefield.com> for the latest news and details of upcoming events'**

**If you are visiting someone who is sick or shut-in, please take a pew sheet for them so they can stay in touch!**



**ST. MARK'S 175<sup>TH</sup>  
FAITHFULLY MOVING FORWARD:  
ALIVE IN THE SPIRIT!**

**21 October 2018  
The Twenty-First Sunday  
after Trinity**



**Welcome to St. Mark's Anglican Church!  
8:30 am - Holy Communion 10 am – Choral Eucharist**

268 Main Street, Kingston, Ontario K7K 6W4 Church Office and Hall: 613-546-3386

Fr. Haynes Q. Hubbard SSC, Rector email: [fr.hqhubbard@gmail.com](mailto:fr.hqhubbard@gmail.com)

Phone: 613-328-6806 (mobile), 613-531-8154 (home)

Rector's Warden: Alison Lines (613) 384-8755 [alime@sympatico.ca](mailto:alime@sympatico.ca)

People's Warden: Anne Patterson (613) 546-4421 [apatterson0808@gmail.com](mailto:apatterson0808@gmail.com)

Organist: Sharon Beveridge (613) 546-7709

Parish Web Site: <http://stmarksbarriefield.com> Church Office: [office@stmarksbarriefield.com](mailto:office@stmarksbarriefield.com)

Youth Ministry: [www.facebook.com/stmarkschurchbarriefield](http://www.facebook.com/stmarkschurchbarriefield)

**Readers:** Julia Moore, Dennis Moore **Prayers of the People:** Heather Grimshaw  
**Chalice Bearers:** Heather Grimshaw, Kevin Offord  
**Greeters:** Gord Sly

*(All parents of young children: please take note of the room at the back of the church on the left hand side [as you leave]. It is equipped with a change table and chair, where you are welcome to go if your child needs attention or caring for. If there is anything else you might need, do let us know!)*

**THE PROCESSIONAL HYMN #560 GOD, WHOSE ALMIGHTY WORD**

The grace of our Lord Jesus Christ, † and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

**Andi Muralt, member of St. Mark's Outreach and Missions Team, to speak with the children of St. Mark's**

## An introduction to the members of St. Mark's Mission and Outreach Team

*We pause, in silence, and then begin in prayer, standing:*

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

### THE COLLECT FOR THE TWENTY-FIRST SUNDAY AFTER TRINITY

**GRANT, we beseech thee, merciful Lord, to thy faithful people pardon and peace; that they may be cleansed from all their sins, and serve thee with a quiet mind; through Jesus Christ our Lord. Amen.**

### The First Reading: Micah 6:6-8 (pg.902 in pew Bible)

“With what shall I come before the LORD,  
and bow myself before God on high?  
Shall I come before him with burnt offerings,  
with calves a year old?  
Will the LORD be pleased with thousands of rams,  
or ten thousands of rivers of oil?  
Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?”  
He has shown you, O man, what is good;  
and what does the LORD require of you  
but to do justly, to love mercy,  
and to walk humbly with your God?

**Reader: The Word of the Lord.**

**People: Thanks be to God**

### The Second Reading Ephesians 6:10-20 (pg. 1146 in pew Bible)

MY brethren, be strong in the Lord, and in the power of his might. Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and, having done all, to stand. Stand therefore, having your loins girt about with truth; and having on the breast-plate of righteousness; and your feet shod with the preparation of the Gospel of peace; above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the evil one: and take the helmet of salvation, and the sword of the Spirit, which is the word of God: praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance, and supplication for all saints; and for me, that utterance may be given unto me, that I may open my mouth boldly, to make known the mystery of the Gospel, for which I am an ambassador in bonds; that therein I may speak boldly, as I ought to speak.

**Reader: The Word of the Lord.**

**People: Thanks be to God**

### Where does all the Foodbank food...?

#### A short video explanation

#### THE GRADUAL HYMN

There is a redeemer  
Jesus, God's own Son  
Precious Lamb of God, Messiah  
Holy One

Jesus my redeemer  
Name above all names  
Precious Lamb of God, Messiah  
Oh, for sinners slain  
*Thank you, oh my Father  
For giving us Your Son  
And leaving Your Spirit  
Til the work on Earth is done*

#### THERE IS A REDEEMER

When I stand in Glory  
I will see His face  
And there I'll serve my King forever  
In that Holy Place  
*Thank you, oh my Father  
For giving us Your Son  
And leaving Your Spirit  
Til the work on Earth is done*

**The Holy Gospel: St. Mark 10:35-45 (p. in pew Bible)** **Glory to you, Lord Jesus Christ**  
And James and John, the sons of Zebedee, came up to him and said to him, “Teacher, we want you to do for us whatever we ask of you.” And he said to them, “What do you want me to do for you?” And they said to him, “Grant us to sit, one at your right hand and one at your left, in your glory.” Jesus said to them, “You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?” And they said to him, “We are able.” And Jesus said to them, “The cup that I drink you will drink, and with the baptism with which I am baptized, you will be baptized, but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared.” And when the ten heard it, they began to be indignant at James and John. And Jesus called them to him and said to them, “You know that those who are considered rulers of the Gentiles lord it over them, and their great ones exercise authority over them. But it shall not be so among you. But whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many.”

**The Gospel of Christ.**

**People Praise to you, Lord Jesus Christ**



### MY EXPERIENCE WORKING ALONGSIDE A SYRIAN FAMILY – GLORIA COWAN

#### The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead†, and the life of the world to come. Amen.

#### The Intercessions: The Prayers of the People (we kneel or sit)

*In your prayers please remember: Neville, Ellie, Louise and Keith, Marge and Rhonda, Myriam and Arron and baby Maple, Karen and Jeff, Andrew, Penny, Brian and Nicole, Wayne, Andrée and Chris, Wendy, Lynn, Ron and Doug, Mary and Lloyd, Ron and Rita, Emily, Elayne, Marion (Sibbit) Fleming and Douglas Fleming, Adrian Boverstock, Connie and David, André and family*

*(names are taken off this list at the beginning of each month, unless asked to remain)*

We pray for an end to the violence in Syria, Iraq and too many other countries, and for an end to the persecution of those who follow Jesus Christ. We pray for **Kate and Gerry McCann** and all parents of abducted children, **Madeleine** and all children taken: that they might come home.

We pray for the ministries of **Bev and Chris Rupke** in Cairo; **Tanya Knox** and the ministry of **Kingston Pregnancy Care Centre**. We pray for our own ministries to children

and their families. We pray for the people of the **Diocese of the Arctic**, and for the ministries of the **Arthur Turner Training School**.

We pray for our ministry with children and for Lighthouse Ministries here at St. Mark's, and for **Melissa and Andrew** as they lead this ministry. We pray for **Noah and Ava**, as they join Fr. Haynes in a leadership role with our ministry to youth.

We pray for our Diocesan Bishop **Michael**, and his wife **Jeanie**.

We pray for pray for **Asia Bibi**, and all those living in fear because of their devotion to Jesus Christ.

We pray for those in need of pastoral care and love. Those living in the boundaries of this parish, who do not yet know of our ministries. Those in need of our prayers, known to us, and those known only to God.

**In our Parish Cycle of Prayer** we pray this week for **David and Andrea Muralt, Kevin Offord, Gord and Lorraine Ohlke, Dick and Pippa Ovey**, the community of Barriefield and East Kingston, and all who have come to call this church their spiritual home.

We pray for all those serving in the Canadian Forces at home and overseas, and their families, and all those suffering from any consequence of experiences in a war zone or trauma, remembering as well our first responders and the trauma they witness.

**In the Anglican Cycle of Prayer** we pray for **West Africa and bishop Daniel Sarfo**.

Merciful Father, **accept the prayers we offer this day, for the sake of your Son, Our Lord, Jesus Christ. Amen.**

#### The Confession and Absolution

God our Father forgives us in Christ and heals us by the Holy Spirit. Let us therefore put away all anger and bitterness, all slander and malice, and confess our sins to God our redeemer.

Most merciful Father, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, † pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

#### The Peace

May the peace of the Lord be always with you. **And also with you.**

**THE OFFERTORY HYMN #434 THE LOVE OF JESUS CALLS US**

**Praise God, from whom all blessings flow; Praise him, all creatures here below;  
Praise him above, ye heav'nly host; Praise Father, Son, and Holy Ghost. Amen!**

#### The Eucharistic Prayer (we stand)

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right and good that we should give you thanks most gracious God, holy and undivided Trinity: because you have given us the light of the knowledge of God in the face of Jesus Christ, that we may grow into your likeness, and be changed from glory to glory. And so with angels and archangels, and with all the company of heaven, we lift our voices

and join in their unending hymn of praise:

**Holy, holy, holy Lord, God of power and might,**

**heaven and earth are full of your glory. Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*(we kneel or sit)*

Holy God, source of life and goodness, all creation rightly gives you praise...

Therefore we proclaim the mystery of faith:

**Christ has died. Christ is risen. Christ will come again.**

Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and forever. **Amen.**